THE FOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE, DISTRICT 3860 CHARTERED OCTOBER 29, 1982 CHARTERED OCTOBER 29, 1982

VOLUME: 42, NO.: 4 DATE: AUGUST 8, 2023











GORDON R. MCINALLY Rotary International President



ROZANNE TWINKLE GAMBOA **District Governor**



EDWARD VINCENT ANG District Secretary



ROSEL SUMAYO Assistant Governor Area 1D





OFFICERS, DIRECTORS & ADVISERS RY 2023 - 2024



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Director, Club Administration



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POULY JANG Director, International Service



EMMAN ABAY-ABAY Director. **International Service**



GLENFORD ELENDRINO Director, Public Image



DAVE JOHN B. **KARAMIHAN Protocol Officer**



DR. MARICEL **BORROMEO AMORES** Digital Transformation Officer



ARCH. JOSEPH MICHAEL P. ESPINA Diversity, Equity, and Inclusion (DEI) Officer



PDG JOSEPH MICHAEL P. **ESPINA** Adviser



PDG MARY ANNE A. SOLOMON Adviser



PP RICHARD G. BARBA Adviser



PP CONRADO M. **ABARINTOS** Adviser



PP MA. CONSOLACION A. PASION Adviser



PP MARIA CELINA B. **AMORES** Adviser



PP EMMANUEL P. **TESALONA** Adviser



ROSTER OF MEMBERS RY 2023 - 2024



JOSE ALFONSO C. ABAD **Nonlife Insurance**



CONRADO M. ABARINTOS Gov't. Customs - Finance



EMMAN REYAN C. ABAY-ABAY LIC - Customs Brokerage



ATTY. BERNARDINO T. **AMAGO IV** Academe | Legal Services



ATTY. ERNESTO MIGUEL B. **AMORES Civil Service Commission Legal Services**



DR. MARIA CELINA **BORROMEO-AMORES** Consultancy



RICHARD G. BARBA **Printing Services**



ENGR. JESSELITO V. BARING Environment Consultancy



ATTY. SYDRICK JOSE ANDREI G. DEIPARINE **Civil Law & Real Estate** Management



GLENFORD ELENDRINO Online Management Services



ARCH. JOSEPH MICHAEL P. **ESPINA** Architecture | Planning



ROGELIO FILIPINO Food Manufacturing



REGIE P. GRATONES Food Distribution Management



FRANCIS EDHILSON **ICAMEN Realty Management**



POULY JANG Investment Advisor Management



DAVE JOHN B. KARAMIHAN **Manpower Outsourcing**



MARINA E. KAUFMANN **Restaurant Services**



KRISTOFFER A. LLEGUNAS **IT Saervices**



ATTY. LOLITA L. LOMANTA **Prosecution Services**



JASON GO KIANG KEE ONG **Manufacturing Operations** Management



MA. CONSOLACION A. PASION **Games & Amusement**



JOSE MARIE PONCE **Memorial Plan Investment** Services



MARIA DOLORES RIMAZ **Resort Management**



LUZ FILIPINAS S. SAN PEDRO Metal Engraving



DR. ALAIN O. SENERPIDA **Plastic Surgery**



HERMINIA E SPALLER **Construction & Industrial Supplies Trading**



MARY ANNE ALCORDO SOLOMON Outdoor Advertising | Signage **Design and Production**



KENDRICK S. SULAY **Retail Management**



EMMANUEL P. TESALONA Precious Metal Trading



ARCH. MANUEL L. **TORRES JR Roof Manufacturing**



PATRICK L. YARED **Resto Bar Management**



5th General Membership Meeting

Casino Español de Cebu, Cebu City | August 8, 2023

Membership and New Club

Development Month

Programme

PART 1

| | Call to Order | JOMAR PONCE President |
|-----|---|---|
| | Invocation | AUDIO VISUAL PRESENTATION |
| | Philippine Anthem | AUDIO VISUAL PRESENTATION |
| | The Rotary Hymn | AUDIO VISUAL PRESENTATION |
| | Four Way Test and Objects of Rotary | DR. MARICEL B. AMORES Digital Transformation Officer |
| | Introduction of Rotarians Spouses, Visiting Rotarians Rotaractors Guest | ATTY. GING LOMANTA Director, Youth Service |
| P.A | ART 2 | |
| | Rotary 101 | ATTY. SYDRICK DEIPARINE Director, Youth Service |
| | | ATTY. GING LOMANTA Director, Youth Service |
| | | DR. MARICEL B. AMORES Digital Transformation Officer |
| | Open Forum | |
| P.A | ART 3 | |
| | Secretary's Report | PATRICK YARED Secretary |
| | Director's Report | CLUB DIRECTORS |
| | President's Time | JOMAR PONCE President |
| | | |

Hosted by: ATTY. SYDRICK DEIPARINE Director, Membership

INVOCATION

Gracious God, we offer to you our praise. We thank you for the great measure of your love and for the redemptive power of your grace. Be pleased in your mercy to come to every one of us just now, as we come before you, and find in you what nothing in this world can give: redemption from our sin, peace that cannot be taken away, and hope that is unashamed and unafraid. Hear not our silent prayers, O God. Amen

...Fellowship Continues...

Quote for the Week

Other matters

Adjournment

"I never dreamed about success. I worked for it." - Esteé Lauder



JOMAR PONCE

President

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Dear Fellow RCCF Rotarians,

I am thrilled to address you in this August bulletin, and I must say that your unwavering support in bringing potential recruits into our Rotary family has been truly commendable. Your dedication and conscientious effort to nurture these candidates through the membership process is a clear testament to our shared devotion and commitment to infuse fresh ideas and vitality into our club.

I want to take this opportunity to personally express my heartfelt gratitude to PDG Yumi Espina and PP Rady Abarintos for their outstanding support and dedication to this cause. Your tireless efforts do not

> go unnoticed. Together, we aim to guide and encourage these candidates, ensuring they meet all the necessary pre-requirements such as attending three weekly meetings, delivering a Classification talk, and participating in at least one of our club activities or past endeavors.

My hope is that we not only meet but exceed the challenge set by District Governor Twinkle Gamboa for this year, aligned with International's 2023 theme, "Create Hope for the World."

> With your continued support, I have every confidence that we will successfully convert these candidates into new members who will enrich our Rotary Club of Cebu Fuente family. Thank you for your unwavering commitment to our club's growth and mission.

Together, we have the power to make a profound impact and bring hope to those who need it most. Thank you for your unwavering commitment to our Rotary mission. Let's work together to achieve great things.

Yours in Rotary service,

JOSE MÁRIEY"JOMAR" PONCE President, RY 2923-2024 Rotary Club of Cebu Fuente









From Secretary's Desk

PATRICK L. YARED Secretary, RY 2023 - 2024

ATTENDANCE

| | ROTARY ID # | LAST NAME | FIRST NAME | 1st 07/03 | 2nd 07/08 | 3rd 07/24 | 4th 08/07 |
|-----|-----------------------|-----------|---------------------------|--------------|--------------|--------------|--------------|
| 1. | 6726464 | Abad | Jose Alfonso | | V | | |
| 2. | 6581939 | Abarintos | Conrado | J | V | | |
| 3. | 8794289 | Abay-Abay | Emman Reyan | | V | | |
| 4. | 9330462 | Amago IV | Atty. Bernardino | 1 | J | J | |
| 5. | 11227470 | Amores | Atty. Ernesto Miguel | 1 | J | 1 | |
| 6. | 6218949 | Amores | Maricel | | V | V | |
| 7. | 3362897 | Barba | Richard | | 1 | | |
| 8. | 6207695 | Baring | Engr. Jesselito | 1 | V | | |
| 9 | 10954392 | Deiparine | Atty. Sydrick Jose Andrei | | J | J | |
| 10. | 11227514 | Elendrino | Glenford | | J | | |
| 11. | 2036342 | Espina | Arch. Joseph Michael | | ~ | 1 | |
| 12. | 5983997 | Filipino | Rogelio | | | | |
| 13. | 11614251 | Gratones | Regie | 4 | | | |
| 14. | 10411469 | Icamen | Francis Edhilson | | | | |
| 15. | 8944393 | Jang | Pouly | J | √ | | |
| 16. | 3516557 | Karamihan | Dave John | | 1 | | |
| 17. | 8599266 | Kaufmann | Marina | | | | |
| 18. | 9804883 | Llegunas | Kristoffer | √ | V | ✓ | |
| 19. | 8794288 | Lomanta | Atty. Lolita | 4 | ✓ | √ | |
| 20. | 10709899 | Ong | Jason | J | V | | |
| 21. | 6726443 | Pasion | Ma. Consolacion | | ✓ | | |
| 22. | 10410040 | Ponce | Jose Marie | V | ✓ | V | |
| 23. | 8599268 | Rimaz | Ma. Dolores | | ✓ | | |
| | 24. 5476140 Sa | | Luz Filipinas | | | | |
| 25. | 8794286 | Senerpida | Dr. Alain | J | ✓ | V | |
| 26. | 11103868 | Spaller | Herminia | | √ | | |
| 27. | 3264107 | Solomon | Mary Anne | | | | |
| 28. | 8543450 | Sulay | Kendrick | | ✓ | | |
| 29. | 9330558 | Tesalona | Emmanuel | | V | | |
| 30. | 5176670 | Torres | Arch. Manuel, Jr. | 1 | ✓ | | |
| 31. | 10410033 | Yared | Patrick | J | V | V | |
| | | | TOTAL ATTENDEES | 13 | 25 | 10 | |

BIRTHDAYS

Treas. Regie Gratones August 10

August 18 Sps. Flora Baring

PDG Me'anne Solomon August 20

August 22 Rtn. Lulu San Pedro **WEDDING ANNIVERSARY**

August 08 PP Jun and Marlene Torres







In the spirit of caring

t the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years, and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.

R. GORDON R. MCINALLY

President, Rotary International

Photograph by Monika Lozinska









TRUSTEE CHAIR'S MESSAGE

Reaching into the future

This year, I urge all of you to think big about The Rotary Foundation. To reach our goals and make the impact we know we can make, we must think outside the box and embrace innovation. We must make bold plans to expand our reach today, tomorrow, and in the future.

Start by thinking big about Foundationsupported projects. If your club hasn't engaged in a Rotary Foundation district grant or global grant, make this the year you do. Collaborating with your Rotary counterparts in another district on one of Rotary's seven areas of focus can make a lasting impact beyond your wildest dreams. Explore Rotary Showcase at rotary.org/showcase or arrange a meeting between your club and your district Rotary Foundation chair to start a conversation.

Let's also think big about our polio fundraising this year. Begin planning your World Polio Day fundraiser now for 24 October if you haven't already. Let's see how Rotaract and Rotary clubs can make this year's fundraisers our best ever.

Thinking big about the Foundation also means remembering that through it, our impact goes beyond the current Rotary year. We see this through not only the emphasis on sustainability in our grant projects but also in initiatives such as Programs of Scale. The third Programs of Scale recipient will take on a big challenge: combating cervical cancer and enhancing women's health in Egypt through awareness-raising and improved access to preventive care. (Read about the project on page 56.)

The success of the Programs of Scale grant model lies in our approach of closely collaborating with partners to amplify proven methods. Each year, The Rotary Foundation awards \$2 million to a member-led program that has demonstrated success and has the potential to reach more people through scaling up over a three- to five-year period.

Our Programs of Scale are the epitome of thinking big: Through them, we aim to establish sustainable partnerships and costeffective programs that deliver tangible benefits beyond the funding period. This way, Rotary and its Foundation can reach and assist more people in more places.

Lastly, let's remember that our efforts to make the world a better place should extend beyond our time on earth. As we strive to reach \$2.025 billion by 2025 for Rotary's Endowment, consider how you can leave a legacy by making a gift or a commitment to a Rotary endowment. This will ensure that Rotary's future generations will have greater financial resources to create positive change, just as so many are doing now, in so many ways.

BARRY RASSIN

Foundation trustee chair

GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2023-24

PRESIDENT

R. Gordon R. McInally South Queensferry, Scotland

PRESIDENT-ELECT

Stephanie A. Urchick McMurray, Pennsylvania, USA

VICE PRESIDENT

Patricia Merryweather-Arges Naperville, Illinois, USA

TREASURER

Drew Kessler

North Rockland (Haverstraw), New York, USA

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Antônio Henrique Barbosa de **Vasconcelos**

Fortaleza-Alagadiço, Brazil

Alberto Cecchini

Roma Nord-Est, Italy

Ghim Bok Chew

Bugis Junction, Singapore

Patrick D. Chisanga

Nkwazi, Zambia

Eve Conway-Ghazi

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Daniel C. Himelspach

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Jeremy S. Hurst

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Hans-Hermann Kasten

Aachen-Frankenburg, Germany

Muhammad Faiz Kidwai

Karachi Karsaz, Pakistan

Lena J. Mjerskaug

Enebakk, Norway

Anirudha Roy Chowdhury

Calcutta Mega City, India

Yoshio Sato

Okayama-South, Japan

Beth Stubbs

Maryville, Tennessee, USA

T.N. "Raju" Subramanian

Deonar, India

Yeong Ho Yun

Masan South, Korea

GENERAL SECRETARY

John Hewko

Kyiv, Ukraine

TRUSTEES OF THE ROTARY FOUNDATION, 2023-24

CHAIR

Barry Rassin

East Nassau, Bahamas

CHAIR-ELECT

Mark Daniel Maloney

Decatur, Alabama, USA

VICE CHAIR

Bharat S. Pandya

Borivli, India

TRUSTEES

Martha Peak Helman

Boothbay Harbor, Maine, USA

Chun-Wook Hyun

Seoul-Hansoo, Korea

Jennifer E. Jones

Windsor-Roseland, Ontario, Canada

Holger Knaack

Herzogtum Lauenburg-Mölln, Germany

Hsiu-Ming Lin

Taipei Tungteh, Taiwan

Larry A. Lunsford

Kansas City-Plaza, Missouri,

Geeta K. Manek

Muthaiga, Kenya

Aziz Memon

Karachi, Pakistan

Akira Miki

Himeji, Japan

Greg E. Podd

Evergreen, Colorado, USA

Carlos Sandoval Delgado

San Nicolás de los Garza, Mexico

Dennis J. Shore

Hawthorn, Australia

GENERAL SECRETARY

John Hewko

Kyiv, Ukraine







SERVICE ABOVE SELF

THE FOUR-WAY TEST

Of the things we think, say, or do:

- 1.) Is it the truth?
- **2.)** Is it fair to all concerned?
- **3.)** Will it build goodwill and better friendships?
- **4.)** Will it be beneficial to all concerned?

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service:

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians: As a Rotarian, I will

- **1.)** Act with integrity and high ethical standards in my personal and professional life
- 2.) Deal fairly with others and treat them and their occupations with respect
- 3.) Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4.) Avoid behavior that reflects adversely on Rotary or other Rotarians
- **5.)** Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.









CREATE HOPE in the WORLD

When we nurture peace, opportunities, and one another, we help heal the world and create lasting change.

Let's create hope by:

- · Confronting stigmas, expanding access, and raising awareness about the importance of mental health
- Fostering understanding and strengthening connections through virtual exchanges
- Unlocking the power of girls and women around the world

Learn more at rotary.org/initiatives23-24











A. THE ROTARY FOUNDATION TRF MANDATORY GOALS

- Achieve the \$100 per capita club contributions to the Annual Program Fund (APF) and Every Rotarian Every Year (EREY);
- Club contributes a minimum of \$200 or \$10 per member to the PolioPlus program whichever is higher; and,

Achieve 3 of 6 Goals

- 1. Campaign for New Polio Plus Society Member with at least (1) one member commits to contribute \$100 to the PolioPlus Fund every year;
- 2. Achieve having at least one (1) NEW Major Donor or Major Gift Giving;
- 3. Achieve having at least one (1) NEW TRF Benefactor by contributing \$1,000 to the Endowment Fund (District
- 4. Achieve having at least one (1) NEW Paul Harris Society Member with a contribution of at least \$1,000 to Annual Fund or PolioPlus fund or combined (PHS Members commit to contribute \$1,000 every year);
- 5. Achieve that Club President and TRF Chair become a Paul Harris Fellow (PHF) or next level PHF; and,
- 6. Participate in Rotary Foundation Programs by availing of the Grant Program of the Rotary Foundation (District Grant or Global Grant). The District Grant Project must be sustainable.

DISTRICT SPECIAL TRF CITATION

- Achieve the RI challenge of Count Down To End Polio Initiative recognizing clubs with a contribution of \$1,500 or more to the PolioPlus Fund (Individual giving or Club's total giving). * for those who contributed more than \$10 have already subscribed to the #2 goal; and,
- Special Citation/Recognition for establishing a new endowment fund, Individual or Club (minimum of \$25,000).

B. MEMBERSHIP MEMBERSHIP MANDATORY GOALS

1. Achieve a net increase of two (2) in membership based on July 1, 2023 starting figure (Attain a 100% Retention Rate from July 1, 2023 to December 31 and attain a membership growth of 2 members from January 1, 2024 to July 15, 2024); and,

Achieve 2 of 4 Goals

- 12 1. Induct two (2) new members below the age of 40.
- 2. Maintain a minimum number of 15 active club members;
- 3. At least one (1) member to participate in an RIrecognized Rotarian Action Group (RAG) or Fellowship;
- 4. Maintain or organize a new Rotaract Club, Interact club, or Rotary Community Corps (RCC).

DISTRICT GOALS RY 2023 - 2024

DISTRICT SPECIAL MEMBERSHIP CITATION

- Accept new membership types in the club (eg., associate, corporate, family) or organize new clubs: satellite club, traditional, innovative, or cause-based clubs;
- Top ten (10) Clubs attaining a net membership gain of five (5) new members.

C. PUBLIC IMAGE PUBLIC IMAGE MANDATORY GOALS

Follow the Rotary branding, Voice, and identity guidelines in the Rotary Brand Center. (The District will have a one design shirt to be used in one District Project or activity)

Achieve 3 of 5 Goals

- 1. Utilize the People of Action materials and other public image resources;
- 2. Wear your Rotary shirt and display the Club banner in 20 conducting service projects (Clubs can come up with their RY Club shirt for their Club initiated projects as their identity);
- 21 3. Wear Rotary Year Theme Pins or any Rotary pin in public;
- 4. Participate in the Rotary Week District/Area exhibit and 22 activities; and.
- 5. Upload at least 1 Service Project in the Rotary Showcase at Rotary.org.

DISTRICT SPECIAL PUBLIC IMAGE CITATION

Strengthen your public image by Telling Your Rotary Story through powerful visuals and sharing in social media and/or 24 traditional media. Submit these stories to the Public Image Committee for sharing in PRM/GML/Local Newspapers/ Radio and TV stations/ Rotary Week platforms;

D. SERVICE PROJECTS SERVICE PROJECTS MANDATORY GOALS

- 1. Undertake at least one (1) project in each of the Seven Areas of Focus;
- 2. Require at least a minimum of five (5) members participate in a service project; and,
- 3. Establish a partnership with a Rotary Club, government or non-government organization/s participating in a service

Participate in 7 of 11 District Wide Rotary of Days Service

- 1. Rotary New Year with Children: Today's Children, Rotary's Future on July 1, 2023 covering varied Areas of Focus.
- 2. Bloodletting: Dugo Mo, Buhay Ko on July 16, 2023 covering the Disease Prevention and Treatment Area of Focus.
- School Clean-up: Brigada Eskwela on July 22, 2023 30 covering the Disease Prevention and Treatment Area of Focus.
- 4. Mental Health Awareness Campaign: Break the Stigma on any day of August 2023 covering the Disease Prevention and Treatment Area of Focus
- 5. Tri-leg awareness ride and polio vaccination for Disease Prevention and Treatment Area of Focus: Bike and Vaccinate to End Polio in Cebu City, General Santos City and Ormoc City on September 10 (1st Leg); in Butuan City, Tacloban City and Tagbilaran City on October 22 (2nd Leg), and in Davao City and Cebu City on November 18, 2023 (3rd Leg).



- Mangrove Planting; coastal Clean-up; Tree Growing; Artificial Reef Deployment: Caring and Protecting Mother Earth on September 17, 2023 and June 2024 covering the Protecting the Environment Area of Focus.
- 7. Breast Cancer Awareness: Pink October on October. 6 and 7, 2023 covering the Maternal and Child Health Care Area of
- 8. Patak Polio on October 24, 2023 or as maybe appropriate 35 covering the Disease Prevention and Treatment Area of Focus.
- 9. Empowering Girls: Empowering Girls Today, Empowered Women Tomorrow on February 5-10, 2024 covering the 36 Peace Building and Conflict Resolution Area of Focus.
- 10. Job Fair: Constructing your Future on February 19-25, 2024 covering the Peace Building and Conflict Resolution and Economic and Community Development Areas of Focus.
- 11. Water, Sanitation and Hygiene (WASH): WASH, a Key Component to Health on March 2, 2024.

DISTRICT SPECIAL SERVICE PROJECTS CITATION

Pursue your club's "Passion Project" or signature project by partnering with your club's RI-registered RCC or with one or more organizations, corporations, government entities and

E. CLUB ADMINISTRATION CLUB ADMINISTRATION MANDATORY GOALS

- 1. Settle the RI dues and The Rotarian within thirty (30) days upon receipt of the RI Club Invoice; and,
- 2. Settle the District Dues (District Levy and District Disaster, Rotaract Dues), and the Philippine Rotary Magazine (PRM) within thirty (30) days upon receipt of the District Statement of Account and PRM Invoice and paid the Club Listings for DTA 2023 and DISCON 2024.

Achieve 5 of 8 Goals

- 1. Submit club monthly reports containing your meeting (regular, board, committee, ACOM), activity (service project or with other organizations), Attendance Report, and other required information in the District 3860 website every 15th of the month;
- 2. Encode and achieve at least Thirteen (13) of the 26 Rotary Citation in the Rotary Club Central and regularly update the 43 Club Dashboard in the Rotary Club Central each time the club accomplishes a service project or club goal;
- 3. Ensure that all members create and register in My Rotary 44 account in rotary.org by July 31, 2023;
- 4. Reviewed and updated the Club By-laws and submit, including the Club Constitution and Club History, to the District Secretary or the Chiefs of Staff by August 30, 2023;
- 5. Submit e-copies of your club bulletin to the District 3860 website every 15th of the month;
- 6. Conduct at least two (2) Membership Health Check in the 47 club level;
- 7. Appoint at least one (1) Diversity, Equity and Inclusion Officer (DEIO) and implement at least one (1) project or information drive for Diversity, Equity, and Inclusion advocacy; and,
- 8. Report the Club President, Secretary and Treasurer for Rotary Year 2024-2025 in the Rotary.org and to the District on or before January 10, 2024.

DISTRICT SPECIAL CLUB ADMINISTRATION CITATION

Require at least five (5) of Club Officers and Director complete their role-based courses in the Learning Center in the www.rotary.org website.

F. LEADERSHIP DEVELOPMENT LEADERSHIP DEVELOPMENT MANDATORY GOALS

- 1. Develop members' leadership skills by attending mandated training: (mandatory for Presidents and Secretaries):
- 51 a. PETS and SETS on February 17-18, 2023 in Butuan City;
- b. DTA on April 21-22, 2023 in Panglao, Bohol at least 8 Club Officers including Chairs, Directors and submitted requirements for Club Listing;
- c. Vibrant Club Workshop, including the Grant Management Seminar on June 29, 2023 in Davao City - at least 5 Club officers including President-Nominee, Committee Chairs of TRF, Public Image, Membership, co-chairs, other Rotarians.
- d. DISCON 2024 on May 3-4, 2024 in Dayao City at least 10 members and submitted requirements for Club Listing;
- 2. President and/or Secretary must attend minimum of six (6) of the Area or Cluster Coordination Meeting (ACOM)

Achieve 3 of 6 Goals

- 1. Appoint at least two (2) new members (1or 2 years old in Rotary) as part of a committee or as chairperson of a project;
- 2. Establish a Membership Committee composed of at least three (3) members, which shall conduct at least one (1) membership attraction project and one (1) membership orientation;
- 3. Establish a TRF Committee composed of at least three (3) members, which shall conduct at least one (1) TRF Donation Drive; and,
- 4. Establish a Public Image Committee composed of at least three (3) members, which shall conduct at least one (1) Public Image Information Drive.
- 5. Rotary Zone Institute in Kaohsiung, Taiwan on December 8-10, 2023 - at least 1 Rotarian, spouse or partner.
- 6. RI Convention in Singapore on May 25-29, 2024 at least 1 Rotarian, spouse or partner.

NEW GENERATION SERVICE

- 1. Appoint at least one (1) director for New Generation Service and partner with Rotaractors and Interactors in at least five (5) service projects and/or club activities;
- 2. Sponsor at least two (2) participant to both, the Interact Bootcamp and Rotary Youth leadership Awards (RYLA);
- 3. Ensure that at least one club member mentor a Rotaractor or Interactor;
- 4. Involve Rotaractors and Interactors in service projects and 65 club activities; and,

Support Rotaractors to their:

- 5. RDLT on April 30 to May 1, 2023 in Butuan City President 66 and Secretary
- 6. DISCON 2024 on June 21-22, 2024 in Siargao, Surigao del Norte - 2 Rotaractors
- PROCON on February 16-17, 2024 in Cebu City -Rotaractors





07-24-2023 3rd RCCF GMM RY 2023 - 2024













07-29-2023 July 2023 **Area 1 Coordination Meeting (ACOM)**











07-29-2023 Rotary Club of Ormoc Induction













08-07-2023 Donated 500 Kilos of Rice to Our **Lourdes of Parish Church**













GUIDE IN PAYMENT OF RI AND DISTRICT 3860 LEVIES AND THE TRF CONTRIBUTIONS

| ITEM | AMOUNT | DUE DATE | BANK ACCOUNTS | CONTACT |
|---|---|---------------------------|---|---|
| RI Club Invoice based on the Semi- Annual Report | \$38.50 Invoice & \$1.00 COL \$38.50 Invoice (per Rotarian) | July 2023 January 2024 | BANK OF THE PHILIPPINE ISLAND (BPI) ACCOUNT NAME: ROTARY INTERNATIONAL ACCOUNT NUMBER: 0011-1828-01 (for Philippine Peso) ACCOUNT NUMBER: 0014-2171-34 (for US\$) | risppo.finance@rotary.org |
| Contribution to The Rotary Foundation Annual Fund / Polio Fund and Endowment Fund | Goals to Rotary Club Central | July 2, 2023 | BANK OF THE PHILIPPINE ISLAND (BPI) ACCOUNT NAME: ROTARY INTERNATIONAL ACCOUNT NUMBER: 0011-1829-09 (for Philippine Peso) ACCOUNT NUMBER: 0014-2171-42 (for US\$) | catherine.bedona@rotary.org |
| Subscription to Philippine Rotary Magazine | Digital -P150.00 per semester or P300.00 per year per member Printed - P400.00 per semester or P800.00 per year per member | July 2023 January 2024 | BANK OF THE PHILIPPINE ISLAND (BPI) ACCOUNT NAME: PHILIPPINE ROTARY MAGAZINE FOUNDATION, INC. ACCOUNT NUMBER: 3371-0064-93 | office@philrotary.com amn_1309@yahoo.com |
| District Levy * | P500.00/member | July 2023 | ASIA UNITED BANK - TORIL DAVAO ACCOUNT NAME: ROTARY DISTRICT 3860 ACCOUNT NUMBER: 318-01-000132-5 | mbr1223@gmail.com sylvianavarro@gmail.com |
| Disaster Levy * | P100.00/member | July 2023 | ASIA UNITED BANK - TORIL DAVAO ACCOUNT NAME: ROTARY DISTRICT 3860 ACCOUNT NUMBER: 318-01-000132-5 | mbr1223@gmail.com sylvianavarro@gmail.com |
| Rotaract Levy * | P1,000.00/Rotaract Club | July 2023 | ASIA UNITED BANK - TORIL DAVAO ACCOUNT NAME: ROTARY DISTRICT 3860 ACCOUNT NUMBER: 318-01-000132-5 | mbr1223@gmail.com sylvianavarro@gmail.com CC- enriqueandres1970@yahoo.com |
| Club Listing (DISCON 2024) | P4,000.00 | April 1, 2024 | ASIA UNITED BANK - TORIL DAVAO ACCOUNT NAME: ROTARY DISTRICT 3860 ACCOUNT NUMBER: 318-01-000132-5 | mbr1223@gmail.com sylvianavarro@gmail.com |
| RI CON (Manila) | P250.00 P250.00 | July 2023 January 2024 | ASIA UNITED BANK - TORIL DAVAO ACCOUNT NAME: ROTARY DISTRICT 3860 ACCOUNT NUMBER: 318-01-000132-5 | mbr1223@gmail.com sylvianavarro@gmail.com |
| | | | *Indicate the item on deposit slip | |



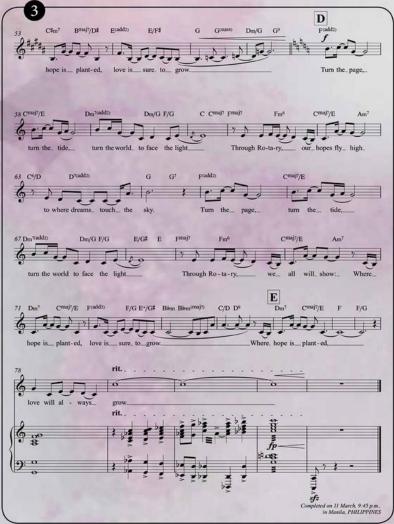
Hope Creating Theme Song

Where Hope is Planted

Lyrics by: Cathy Azanza-Dy Music by: Joel Balsamo Arrangement by: TJ Ramos Sung by: Poppert Bernadas









Membership Minute

August 2023

Ideas for strengthening membership



Creating a culture of care

This year, RI President R. Gordon R. McInally is encouraging Rotary members to create a culture of care, both within Rotary and around the world, by making mental health a priority. In a caring culture, leaders and members focus on helping each other thrive.

That makes August — Membership and New Club Development Month — the perfect time to evaluate your club's culture and adjust it if needed. Members are more likely to stay if their club experience is fulfilling. Use these ideas to help members feel involved, valued, and cared for:

- Communicate with people at every stage of their membership. If members think their experience in the club can be improved, take action to make changes. You can also use these two surveys to learn more about what members are thinking:
 - 1. The member interest survey will help you understand what new and prospective members care about and how they want to contribute.
 - 2. The member satisfaction survey (or an online version) can be distributed each year to all members.

By asking for feedback regularly and responding to it, you show that you're open to change, and you empower members to be involved in creating their ideal club experience.

- Use the Club Health Check to identify areas where your club could improve and determine how to keep your club relevant for members and the community.
- Take the Creating an Inclusive Club Culture course to discover ways for your club to become more inclusive, diverse, and equitable. Remember that for any Learning Center course, you'll need a My Rotary account.

You can also find more membership resources on My Rotary.







Rotary Info



2023-24

ROTARY

CALENDAR

July 2023

Maternal and Child Health Month

1 July — Beginning of the Rotary year

August 2023

Membership and New Club Development Month

September 2023

Basic Education and Literacy Month

October 2023

Community Economic and Development Month

2-8 October — Rotary Alumni Reconnect Week

24 October — World Polio Day

November 2023

Rotary Foundation Month

30 October - 5 November — World Interact Week

December 2023

Disease Prevention and Treatment Month

15 December — Last day for early registration discount for the Rotary International Convention

January 2024

Vocational Service Month

7-11 January — Rotary International Assembly, Orlando, Florida, USA

February 2024

Peacebuilding and Conflict Prevention Month

23 February — Rotary's anniversary

March 2024

Water, Sanitation, and Hygiene Month

11-17 March — World Rotaract Week

31 March — Preregistration discount ends for the Rotary International Convention

April 2024

Environmental Month

30 April — Rotary International Convention registrations and ticket cancellations are due

May 2024

Youth Service Month

25-29 May — Rotary International Convention, Singapore

June 2024

Rotary Fellowships Month

30 June — Rotary Citation for Rotary Clubs Award nominations are due

2025

9-13 February — International Assembly, Orlando, Florida, USA

21-25 June — Rotary International Convention, Calgary, Canada





ROTARY CITATION RY 2023 - 2024

| GOAL | GOAL DETAIL |
|--|---|
| 1. Club membership | How many total members does your club want by the end of the Rotary year? |
| 2. Service participation | How many members will participate in club service activities during the Rotary year? |
| 3. New member sponsorship | How many members will sponsor a new club member during the Rotary year? |
| 4. Rotary Action Group participation | How many club members will be members of at least one Rotarian Action Group (RAG) during the Rotary year? |
| 5. Leadership development participation | How many members will participate in leadership development programs or activities during the Rotary year? |
| 6. District conference attendance | How many members will attend your district conference? |
| 7. Rotary Fellowship participation | How many club members will be members of a Rotary Fellowship during the Rotary year? |
| 8. District training participation | How many of your club's committee chairs will attend the district training assembly? |
| 9. Annual Fund contributions | How much money will be contributed to The Rotary Foundation Annual Fund by your club and its members during the Rotary year? |
| 10. PolioPlus Fund contributions | How much money will be contributed to The Rotary Foundation PolioPlus Fund by your club and its members during the Rotary year? |
| 11. Major gifts | How many single outright donations of US\$10,000 or more will be made by individuals associated with your club during the Rotary year? |
| 12. Bequest Society members | How many individuals or couples will inform The Rotary Foundation of their plans to leave US\$10,000 or more to The Rotary Foundation through their estate? |
| 13. Benefactors | How many individuals or couples will inform The Rotary Foundation of their estate plans to include the Endowment Fund as a beneficiary or will make an outright gift of US\$1,000 or more to the Endowment Fund? |
| 14. Service projects | How many service projects will your club complete during the Rotary year? |
| 15. Rotaract clubs | How many new and existing Rotaract clubs will your club sponsor during the Rotary year? |
| 16. Interact clubs | How many new and existing Interact clubs will your club sponsor during the Rotary year? |
| 17. Inbound Youth Exchange students | How many Rotary Youth Exchange students will your club host virtually during the Rotary year? |
| 18. Outbound Youth Exchange students | How many Rotary Youth Exchange students will your club sponsor virtually during the Rotary year? |
| 19. RYLA participation | How many individuals will your club sponsor to participate in Rotary Youth Leadership Awards (RYLA) events during the Rotary year either in person or virtual? |
| 20. Strategic plan | Does your club have an up-to-date strategic plan? |
| 21. Constitution and By-laws | Does your club have an up-to-date Constitution and By-laws? |
| 22. Online presence | Does your club's online presence accurately reflect its current activities? |
| 23. Social activities | How many social activities will your club hold outside of regular meetings during the Rotary year? |
| 24. Update website and social media | During the Rotary year, how many times per month will your club's website or social media accounts be updated? |
| 25. Media stories about club projects | How many media stories will cover your club's projects during the Rotary year? |
| 26. Use of official Rotary promotional materials | Did your club use Rotary International's advertising and public service materials, such as broadcast videos, print ads, and other official materials available in the Brand Center, to promote Rotary in your community during the Rotary year? |



Rotary Info











Membership makeover



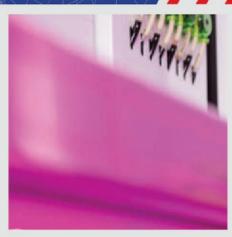






Rotary Info













Invigorate your club with these four timely tips, a club health check, and data that reveals what matters most to members





*See captions on following pages



Create the club you crave



Rotary Club of Harrisonburg-Rocktown, Virginia

Five years ago, Meghan Schenker-Fulcher, then a teacher in Harrisonburg, Virginia, decided it was time to join Rotary. "As a non-Rotarian," she says, "it started with a passion to connect more people in our community to Rotary's mission: Service Above Self."

Schenker-Fulcher visited several clubs but couldn't find one that fit her schedule. "They weren't necessarily a good fit for educators ... and others who had 9-to-5 jobs but still wanted to give back."

In retrospect, the solution was obvious: Can't find a Rotary club that works for you? Create one that does. Joined by two other women from the community, Schenker-Fulcher pooled their brainpower, as she puts it, "to create what we thought would be an ideal Rotary experience for both ourselves and other women in our community."

The three spent several months thinking through the kind of club they wanted. "We spent the summer of 2019 holding informational sessions, which allowed people to hear our story, understand the why, and get inspired to join," Schenker-Fulcher explains. "This also helped us to see if this [club] would really be a good fit for the community."

That careful planning paid off. Chartered in September 2019, the Harrisonburg-Rocktown satellite club, an offshoot of the Rotary Club of Harrisonburg, today has 36 members - and 26 of them are women. To ensure its relevancy, the club conducts annual strategic planning sessions, where it establishes major objectives for the year. "It helps us to keep things fresh and moving forward," says Schenker-Fulcher, the chair of the club's seven-person membership committee. "That helps us not only to retain our members, but to grow our club."

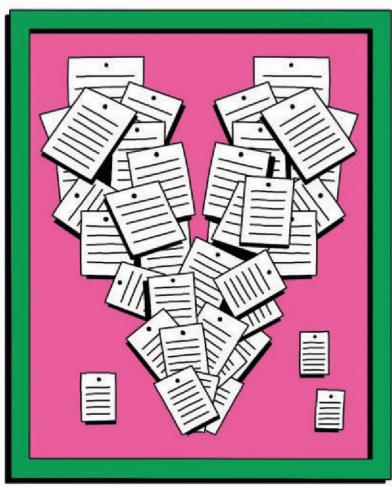
1. Bob Quinn, a farmer and member of the Rotary Club of Big Sandy, Montana, experiments with sustainable farming methods and seeks ways to revitalize rural communities. 2. Members of Rotary clubs in the Houston area plan a project at a library in Seabrook, Texas. 3. Members of the Rotary Club of La Porte, Texas, perform home repairs for people who are over age 60 or have disabilities. 4. Rotary Club of Singapore members interact with students and parents during the Help the Children project. 5. Houston-area club members work in a





Rotary Info







Rotary Club of Singapore

Members of the Rotary Club of Singapore attach a lot of importance to projects, says James Lee, immediate past president. "They want to see the impact of their contributions and efforts on the people and communities they serve," he says. "We keep them updated about the progress and challenges of our local and overseas projects, and we invite them to sign up and contribute to the ones they are interested in. This gives them a sense of involvement and belonging."

The signature project of the club, which has sponsored 28 global grants since 2013, is Help the Children, serving communities in the East Java province of Indonesia. "What started as a small ad-hoc project supporting 20 under-privileged school children morphed into multipronged, multicycle global grant projects spanning the last 15 years," Lee says. "It's helping communities and up to 60 schools to uplift basic literacy and basic education among students and teachers."

In 2010, a small delegation from the Singapore club visited the project in Indonesia for the first time. That trip led to an annual visit by up to 80 club members and their families. "Our participants spend three days with the pupils, teachers, and parents who have benefited from our project," Lee says. "They come back feeling inspired and motivated by the positive changes they have witnessed."

Lee also points to the club's diverse membership — its 192 members represent 22 countries — as another reason that it has attracted and retained so many members over the years. "Being able to be involved in communities far from Singapore but close to our hearts," he says, "means that we are constantly engaging our members and bringing them closer to the communities that they have left behind or are engaged in for economic, business, and personal reasons."

community garden built by the Rotaract Club of Seabrook, Texas. 6. The Rotary Club of Rancho Bernardo (San Diego) celebrated World Polio Day 2020 with a skydiving event led by member Don Glover. 7. Rotary members and other volunteers pack relief supplies for Ukraine at a warehouse in Zamość, Poland. 8. Steve Solbrack belongs to the Rotary Club of Twin Cities Eco, Minnesota, which raised funds to install solar panels on a shipping container hydroponic farm at a grocery store. 9. The Rotary Club of Koala Lovers, in Queensland, Australia, is dedicated to preserving the tree-climbing animals





Rotary Info



CONNECT TO AMPLIFY IMPACT



Rotary Club of Roswell After Hours, Georgia

The Roswell After Hours satellite club began last year with 14 members. A year later, membership has increased to 22, and the club's chair, Brooke Foxman, is optimistic that it will continue to grow. That's thanks in part to the opportunity the club provides for members to connect with one another, with the community, and with their sponsor club, the Rotary Club of Roswell, known affectionately among the group as Big Rotary.

"Our founding members are a group of 20-somethings who were craving in-person camaraderie when the world was opening up again after the pandemic," she says. "We target people who want to do good for the

community while making connections and building relationships. We get to be a group of young people with a love and heart for service. That's what Rotary was built on."

Because most club members are young professionals, their work schedules made it difficult to attend the Roswell club's weekly lunch meetings. To accommodate members' schedules, meetings are held after regular work hours hence the club's name — at a local brewery. "We delegate 30 minutes for a premeeting hangout, so we can get a beer and catch up on personal things," says Foxman, who notes that the club is structured around networking, service, and fun.

Foxman says that the club benefits from sustaining its connections with Big Rotary. Roswell members occasionally speak at the After Hours club. "Their advice to us as young professionals is something we're super grateful to have," she says.

And members of both clubs volunteer for service projects and activities by either group, increasing the impact, for instance, of a fundraiser for Star House, a local nonprofit that helps at-risk children. "There was music and dancing, and we were serving our community," says Foxman. "We had so much fun, and we actually met several new potential members."







Don't forget the fun

Rotary Club of Halifax Harbour, Nova Scotia

Roswell After Hours isn't the only club that likes to have fun - though fun, as Louisa Horne explains, can wear different guises.

A past district governor and a member of what she describes as the "irresistible" Rotary Club of Halifax Harbour, Horne acknowledges that her club organizes social activities for members. But fun? "Fun is a byproduct of being engaged in things you're passionate about," she says.

Formed in 2021 from the merger of the decades-old Halifax and Halifax Harbourside Rotary clubs, Halifax Harbour is organized into three teams. The We Connect People team focuses on member engagement, including fun activities that members can pursue together (think ghost tours, ax throwing, and seasonal celebrations). The We Transform Communities team plans and organizes local and international service projects, and the We Fund Sustainable Projects team does exactly what you would expect: coordinates fundraisers, such as an annual rib festival that's raised more than \$500,000 since 2015.

The club, Horne explains, has surveyed current and past members "to make sure we're not missing something in terms of their talents and interests. We're intentional about looking in the mirror and being honest about how we're doing. We are OK with and celebrate that different people want to do different things."

As a result, the club has attracted a diverse membership in terms of age, nationality, and sexual orientation. "When new people come to a meeting, they see themselves reflected in the room," Horne says. "Diversity feeds more diversity. Transformational and cultural change within a large organization is not a quick fix. As long as we have strong leadership and continue to leverage the passions of the people we have and the people we want to attract, and as long as we're agile risk-takers and maintain our level of diversity, we will continue to be irresistible." And fun.





Rotary Info



CLUB HEALTH CHECK

The doctor will see your club now

Just as routine doctor visits help people identify health risks before they become serious, Rotary's club health check can diagnose problem areas and prescribe remedies. Club leaders will find a checklist to assess their club's well-being in the areas of club experience, service and social events. members, image, and business and operations, along with an array of resources to treat any problem areas. Regularly consulting those resources can help maintain your club's health and preserve its value for club members and the community. A few examples follow, but review the entire document through the website listed below to ensure you're taking full advantage of these valuable tools.

Assess your club's well-being at on.rotary.org/club-health-check.

CLUB EXPERIENCE

- The problem: Members don't feel they are participating in the Rotary experience beyond the club.
- The prescription: Connect members with various Rotary programs. For instance, encourage them to sponsor an Interact club, organize a Rotary Youth Leadership Awards event, or create a scholarship. And remind members they might want to join a Rotary Fellowship or a Rotary Action Group.

SERVICE AND SOCIAL

- The problem: Members feel there are not enough regular occasions for socializing and networking.
- The prescription: Put one or two members in charge of organizing social events throughout the year.
- The problem: Members worry about the effectiveness of the club's projects.
- The solution: Connect with members of The Rotary Foundation Cadre of Technical Advisers to get guidance on service projects.

MEMBERS

- The problem: Club membership is stagnant or declining.
- The prescription: Create a membership development plan, while teaching members your club's process for proposing new members and explaining that they can also refer qualified prospects to other clubs. Online resources also provide tools to help diversify club membership and connect with prospective members.

IMAGE

- The problem: The club has an anemic online presence.
- The prescription: Find a member with the skills and the time to create and manage your club's website and social media pages.

BUSINESS AND OPERATIONS

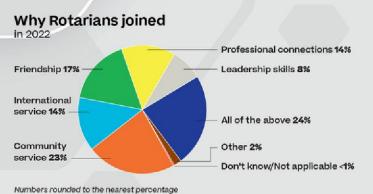
- The problem: The club has difficulty planning and setting goals.
- The solution: Have the club board meet at least quarterly to review the club's strategic plan, measure its progress toward established goals, and adjust bylaws and other documents as needed.

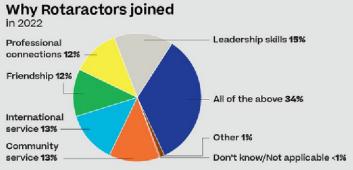


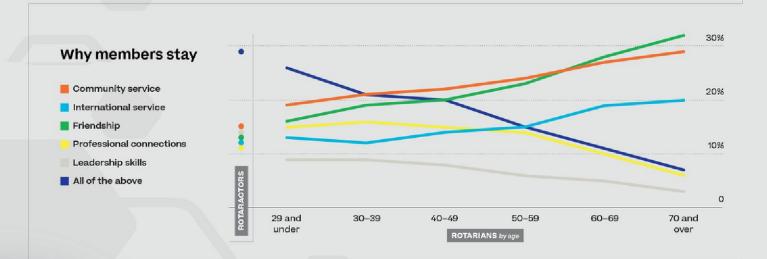
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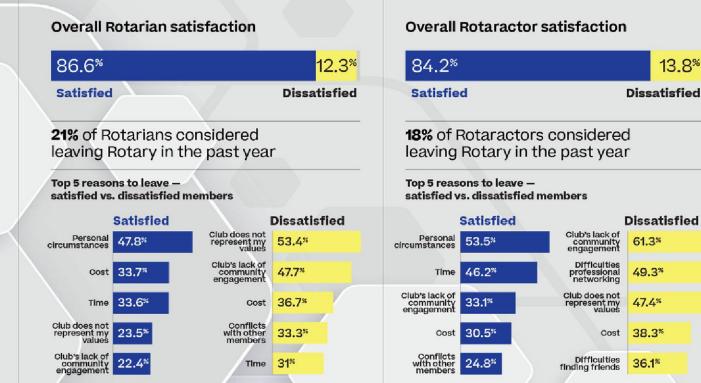
What matters most

Source: 2022 Rotary All-Member Survey











A CELEBRATION OF ROTARY'S PUBLIC IMAGE LIKE YOU'VE NEVER SEEN BEFORE



Thought Leaders

Focus Rooms with 9 Speakers OUR STORY, OUR BRAND | MULTIMEDIA | SOCIAL MEDIA

Fireside Chat with Regional Leaders & **Brand Champions**

Regional **Public Image Awards** Zone 10A

August 12, 2023 | EDSA Shangri-La Hotel, Mandaluyong

REGISTRATION FEE: PHP 2,000



IN PARTNERSHIP WITH Meta













THOUGHT LEADERS PLENARY SESSION

SEC. ALFREDO PASCUAL

Secretary, Department of Trade & Industry

KAREN DAVILA

Multi-awarded Broadcast Journalist



President and CEO, I-FERN Corporation





























SAVE THE DATE

28 August, 2023

Zone 10A

The Rotary Foundation Awards

RY 2022-2023

Monday, 28 August 2023 Time: 6PM

Venue: To Be Announced







Register today at convention.rotary.org





Rotaract (

Rotaract Corner

The Rotaract Club of Cebu Fuente is thrilled to introduce its exceptional team of Executive Officers and dedicated Board of Directors who will lead the club towards a year filled with impactful initiatives and positive change. 🌟

- Meet the 2023-2024 Executive Officers:
- President: Rtr. Giullia Gaspay
- Vice President: Rtr. John Boniric Sanchez
- 👉 Secretary: Rtr. Tracy Catherine Talledo
- 👉 Treasurer: Rtr. Kathleen Joy Imperial
- 👉 Auditor: Rtr. Shevee Resolado
- Leading the Way Our Board of Directors:
- 👉 Service Director and Public Image Director: Rtr. JN. Vianney Dagandan
- 👉 Membership Director: Rtr. Tracy Catherine Talledo
- Club Administrator: Rtr. Don Jade Canama
- Finance Director: Rtr. John Boniric Sanchez
- 👉 The Rotary Foundation Director: Rtr. Philip Joel Perez
- 👉 Professional Development Director: Rtr. Jacob Erm Jericho Dolino With this passionate and dedicated team at the helm, the Rotaract Club of Cebu

Fuente is geared up to amplify the community impact, foster meaningful connec-

tions, and drive positive change in Cebu Fuente and beyond.

Stay tuned as we roll out exciting projects, collaborations, and events that embody the true spirit of Rotaract. Together, let's make a difference that truly matters!













100% PAUL HARRIS CLUB

in Rotary International District 3860 for RY 2016 - 2017

Invite someone to become a



Rotarian today. **Join Leaders Exchange Ideas Take Action**









Spread the Word!

